

CAREGIVING STUDY INFORMATION SHEET

You are invited to be in a research study about caregiving experiences and well-being because you are caring for a family member with dementia who is 60 years or older and is either living in the community or a long-term care facility (e.g., hospital or personal care home). The purpose of this research study is to explore caregivers' thoughts, beliefs, and experiences related to their caregiving role and life in general. This information will contribute to better understanding the experiences of familial caregivers and their overall well-being. Approximately 100 caregivers will take part in this study.

Your participation in this study will take about 10 minutes and will consist of completing a brief survey about your caregiving thoughts, beliefs, experiences, and well-being by responding to questions and statements. If you choose to participate in this study, you are free to skip any questions that you would prefer not to answer.

You might learn more about yourself by participating in this study. You might have a better understanding of how you think about your caregiving experiences. Other people in similar situations might also benefit because this research could provide information to help plan programs, or make caregiver support services better.