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UND alumna wins contest in her Lucky Lady plane
PRIDE
FROM
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“It’s a space to let you know that there are people who support you.”

Becky understood this all too well, with having a gay relative. “I have always told all my children that I will be happy if they marry the love of their life. It doesn’t matter if that person has the same gender as them or not. That person just has to be a good person.” Although Becky is a strong ally for the LGBT+ community, not everyone is, even within her own family. That’s why she is such a passionate advocate.

Pride in the Park is an event to show that being who you are is the only way to be. With such a strong support system, members of the LGBT+ community will come to realize that there is nothing to fix about themselves and that there will always be someone there for them.

“It’s not broken.” Becky said. “They’re perfect.”

Rachel Cox is a staff writer for The Dakota Student. She can be reached at rachel.a.cox@und.edu

Weather

TODAY

HIGH 78 | LOW 52

WEDNESDAY

HIGH 79 | LOW 57

How to Place a Classified Advertisement

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"Remember, this is your chance; this is your paper; and this is your voice; use it wisely."

Matt Eidson
Opinion page editor

I love this time of year. The temperatures slowly cool down, the leaves change from various shades of green to a mix of reds, oranges, and yellows. The smell of autumn fills the air as the jack-o’-lanterns become more frequent and you can’t help but get caught up in the entire fall frenzy. The entire season supports itself as the Fighting Hawks slide into the students attending the University of North Dakota remove from their summer break with a fresh outlook on the new season. Fall and the notion that anything is possible… and, obviously, hockey kicks off.

As the school year progresses, the student association with college is multiplied more and more everyday. The course load increases, the schedule becomes packed with tests and exams, and the stress level rises. The list of things seem less important but for those first few weeks of school, the overall picture of the world has the ball and is absolutely confounded in their abilities, ready to face their future head on with a newfound— or perhaps renewed— sense of purpose, motivation, and accomplishment. The notion of walking onto campus and soaking in the excitement in the air, that thrill of being a part of the student body eager to contribute to the university. Some great memories were made at UND for a new school year.

And what a year 2016 is shaping up to be. While we’ve won more than our fair share of Facebook with the posting of Prince, Alan Rickman, David Bowie and Muhammad Ali, just to name a few, there is still hope for the rest of the year. With the start of the new school year, this is a moment in time we can take up and push forward, not wallowing in the past. Speaking of moving forward, knowing full well that the artistic rendition of the Susan Logan does not embody the pride or fighting spirit of this university. Some great moments were made under the Susan logs, and it will forever carry a glowing piece of our history. But for now, let’s put down the picket signs and support our university and our athletes with the same vigor that we brought to the stadium in sacrament of Susan Logan does not embody the pride or fighting spirit of this university. Some great moments were made under the Susan logs, and it will forever carry a glowing piece of our history. But for now, let’s put down the picket signs and support our university and our athletes with the same vigor that we brought to the stadium in Sacrament.

Matt Eidson is the Opinion Editor for The Dakota Student. He can be reached at stewart.eidson@und.edu.

Movie review, AFI’s 100 Years...100 Movies

Matt Eidson
The Dakota Student

It recently came to my attention that the American Film Institute (AFI) has a few lists of movies they’ve come out with. I think this is one I’ve decided to begin writing movie reviews by watching all the films it includes. AFI’s 100 Years: 100 Movies is one such list.

As the name suggests, the list is comprised of 100 movies that have been released over the span of 100 years. They are completely honest, the list is not for everyone, I mean think if you can imagine strings through clothes dryers to keep them from curling, or both, then this is not for everyone.

As a note, I personally can’t imagine sitting through a movie about “The Best Little Whorehouse in Texas” and then being expected to watch the sort of dread you feel when you realize you've been tricked. I don’t like this type of movies.

Okay, for the record there are quite a few clashes on the list that are more modern and share a few things in common. For instance, “Whale’s” "Schindler’s List" and “Forrest Gump" have some examples of the more high-ranking films.

Of the 100 films, my thoughts on some of the films, I have decided that in order to call myself a movie fan, I need to be able to say I’ve watched every one of these. Needless to say, I’m going to get into this, I figured why not give you my thoughts on movies that I’ve watched with the readers of The Dakota Student. I have an extensive list of movies, but with the course of this column, I feel it’s best to start with the most as often as possible and sharing my thoughts via Facebook would be the best way to do this. If you have any feedback on any of the movies in this list, be sure to write to The Dakota Student and let us know.

Pictured above (left to right): William Dafoe, Charlie Sheen, Tom Berenger

You have opinions and I ran an opinion section, it was meant to be. So please, read this and share your opinions with the reader. I think there can be an entire student body backbone, and I think that voice is somewhere with us. So if you want to express, let us give you a seat on this table (you might share though, isn’t this Facebook). I’ll be here to share some of the films with others that might not know you. Do you have a favorite movie and if so, the candidate they do. While Trump is a recent notoriety, and has seen more than our fair share of backlash amongst our readers who enjoy war flicks, but hasn’t seen it yet, step by step, our students are those who served for eight years and completed tours in Iraq and Afghanistan. I’ve seen both the cold and the heart of war that films depict. War films are a great movie, there’s a certain truth and gritiness to the realism of war that the men in the movie are realize. The men in the movie can be real, fresh off of combat and wish for nothing more than to serve their country, several of who die dramatic deaths in the last frame, and this, by Sheen, the film points out that once of the men have only two years of high school, and maybe a job back home if they’re lucky. Sheen dialogues points out the irony in the fact that these men are considered part of the lowest of society in America, they are the ones we care about. We’re not ones to shy away from the student body. Some great memories were made at UND for a new school year. Some great moments were made under the Susan Logan does not embody the pride or fighting spirit of this university. Some great moments were made under the Susan logs, and it will forever carry a glowing piece of our history. But for now, let’s put down the picket signs and support our university and our athletes with the same vigor that we brought to the stadium in Sacrament.
Our opinions may differ from time to time, and that’s what makes us interesting people. The more those who see the world through different lenses, the more those who see the world through the same lenses, the more we can enrich our lives by understanding each other’s perspectives and valuing our differences. It is important to continually try to understand others, even those who are difficult to understand. This makes empathy—a skill that seems to be on the rise—a crucial component of our society.

Cody Eidson
Contributing writer

Editorial Policy

It’s that time of year again: It’s that time of year when we see new faces. People rush out to buy new phones, new computers, new clothes, new books, new anything. But what about those who can’t afford new things? What about those who are struggling to make ends meet?

I was a social media addict. My routine has been the same for several years now: wake up, turn off my alarm and check Facebook. I would then start the day by browsing Facebook, Twitter, Instagram, and Snapchat. I would spend hours on these platforms, reading news articles, checking my inbox, and browsing through Facebook groups and pages.

Then the ads started to show up. They were everywhere, and I couldn’t escape them. So I put the phone in my pocket and did something that made me feel even better: turn off my phone and start listening to music. I began talking to more people, both online and in person. I started to value the moments I was spending with others, instead of being glued to my phone.

Matt Eidson
Contributing writer

Unplugged, or why I quit social media

I had the National Public Radio (NPR) application, the Associated Press (AP) application and the Minnesota Public Radio (MPR) application as well. I could easily shutdown Facebook, open up one of those applications and begin getting my news directly from the source; enriching my life instead of making myself angry.

Matt Eidson
Opinion page editor

Social “ME”dia: politics and the power of empathy

Cody Eidson
Contributing writer

I was bored, I would simply open up Facebook and scroll through my news feed. I would scroll through my news feed for hours, until I would feel like I was wasting my time.

I began to become angry every time I was on the phone, and seeing that the only way Facebook could have gotten that information was by allowing them access to my phone, I decided to unplug.

Days into my endeavor, I noticed a change in how I felt. The stress I felt before was gone, and I felt like I was more connected to the people around me. I had more conversations with friends, and I felt like I was more present when I was with them.

I knocked out my homework a couple days in advance and started reading more. I was more present when I was with friends, and I felt like I was more connected to the people around me.

I had another moment that made me feel even better. One morning, I woke up late and went to the gym to finish my workout. I was tired, but I still went to the gym. I put the phone in my pocket and did something that I had never done before: I listened to music.

I looked up and down the street, and noticed everything around me. I noticed the sky, the trees, the houses, the quiet in the air, the early morning hours and the coolness of the breeze.

I no longer felt like I was being disconnected from the world. I was present, and I was happy. I didn’t need the cell phone to connect me to the world. I could do that on my own.

And even when we disagree, we should always try to understand each other. After all, there is no such thing as the right or the wrong, there is just the need to get along, to coexist in the face of opposition, and to try to understand each other.

I want the same thing: fewer tragedies, fewer deaths by gun violence—but that we disagreed about something. Because, after all, there is no such thing as the right or the wrong, there is just the need to get along, to coexist in the face of opposition, and to try to understand each other.
Every August, thousands of freshmen move into their first college dorms and acclimate to the beginning of their college careers. With that comes a list of social tasks that all must endure: actually talk to their new roommate, discover where Merrifield Hall is located and swim through the streets of booths for student organizations.

Many try to avoid these booths while others, at the very least, will pick up the free knick-knacks. These booths can do much more than simply dispense frisbees, they can transform a shy freshman into an advancing college student.

Meet Michael Kelch, a junior at UND studying political science. He went through high school being a rather quiet student, but that’s not who he wanted to be.

“I was never really socially involved in high school; I was always working,” Kelch said. “Me coming to UND and joining all these student organizations felt like I had a second chance and do stuff I always wanted to do.

Almost immediately, Kelch began attending the weekly meetings for the Hall Government of Johnstone-Fulton. There, he was able to branch out to fellow JF students as well as those also interested in politics as a career. In just one year, this quiet Bismarck native developed the reputation and gathered the votes he needed to become President of Johnstone-Fulton Hall Government, who complete every meeting with a “we are the best hall government.”

Kelch is not alone in his upward development. A study was conducted at Purdue University to see if there is a correlation between a student’s GPA and involvement in student organizations. The study says that “student involvement enhances the overall college experience and the development of transferable skills for undergraduate students. Participation in student organizations can lead to the development of social and leadership skills, higher retention rates, heightened self-confidence, improved satisfaction with college, the ability to see course curriculum as more relevant, and further success after college.”

The study showed that students who were members of a student organization average about 0.1 points in their GPA, where officers saw a boost of roughly 0.2. But there’s no reason to jump head-first into every group that looks interesting, because the study also showed no correlation between GPA and the number of groups a student was a member of.

There are people who are worried about school work filling up all their free time. After just leaving the stressful life of high school, simply the thought of joining an organization can seem overwhelming. College is a whole new ball game. There is no shame in going once or twice to get a groove of things, then stopping if you have to. Stress is harmful to oneself in the short and long terms. But if you have the time, joining is fun in the short term, and successful for the long term.
Going tray-less in campus dining halls

SHELBY JOHNSON

Students of the past would show up to dining halls and fill their trays with pounds of food. The food that our dining hall staff served was perishable and unappealing to many students. They were filling their plates with hooping. With their trays bending in the middle, the students would make their way to the nurseries. One bite would be taken from each of the different foods and the rest would go to waste. This is obviously an exaggeration, but the picture is clear and a change must be made.

The change started last fall when Wilkinson commons was completed. Starting this semester, each of the dining halls will implement the tray-less action as well. UND did this for multiple reasons. The first is the fact that students of the past were wasting unecessary weight. The trays allowed students to not focus on the fact that they were over-eating. Their stomachs were full at霞, big at their eyes. This became an issue to the university about if they were allowing this to happen. The tray-less action taught the students, without them knowing, portion control. Students have been taught that they didn’t need everything on their trays.

Second, they started this action to decrease on waste. The university was wasting too much food and water. At first they didn’t know the best way to address this problem. Eventually they found their way to the dining halls. They thought if they took our trays, not only would it be one, per student, less thing to worry about, but it would force the students to stop grabbing so much food. This would decrease the amount of unneeded food and the amount of waste used to wash the trays afterwards.

Third, this action means a decrease in cost. The university has a cut in costs for food, especially. Less food being wasted by students, less water being used for the trays, and less time is being consumed by employees of the university’s dining hall. All these things lead to a lesser amount of cost for the university. Some students would believe that this would be a bad thing. If they were still hungry, they would have to walk back to get more. This is just an extra inconvenience to those students, but they keep track of how often they want to get up for more food. Some students don’t notice the environmental benefit to most of the new implementations that are happening around the university. Those new changes are the university’s hope of helping the cause in the bigger picture.

Photo by Nick Nelsen/The Dakota Student

Students browse the breakfast options at the official opening of Wilkerson Commons on September 23, 2015.

Shelby Johnson is the Features Editor for The Dakota Student. She can be reached at shelby.marie.johnson@und.edu

Increasing popularity of midwives in North Dakota

NICK SALLEN

It matters how one gives birth and who one is born.

During the 20th century, midwifery waned in popularity as the location of birthing in the United States became increasingly more common inside a hospital. Midwives were replaced by physician birth attendants, and the legal status of midwifery was threatened due to the new competitive market. The ancient profession, which can be found in almost every major culture, was on the brink of being completely illegal. Currently, midwifery is emerging as a renaissance of legality due to a handful of advocacy groups and midwives highlighting some of the benefits of home-birth midwifery as a viable alternative for some families.

In North Dakota, only non-midwife is allowed and licensed by the state. This practice is largely hospital-based. Certified midwives and professional midwives, which are not allowed in the state, typically work in private homes and freestanding birth centers. They are the only U.S. birth attendants whose education and clinical training focuses exclusively on out-of-hospital birth settings. Currently, there are 28 states that allow home-midwifery.

While midwife-led birth impact the health of women, newborns and families on a physical, emotional, mental and spiritual level. Midwives are experts in normal birth and adept at ensuring excellent outcomes for women and infants. In the U.S., midwives aid in 10 percent of all births. Compared to the rest of the world, midwives account for approximately 70 percent of all childbirths, according to Midwives Alliance North America.

Studies have shown that midwife birth decreases the risk of cesarean delivery and premature birth. In addition, families who opt for midwife-assisted birth describe having a more empowering and satisfying experience.

The countries with the lowest infant and mother mortality rates are those in which midwife birth is a valued tradition. Midwife-led maternity care results in reduced infant and maternal mortality, fewer medical interventions, decreased costs, increased savings and improved client satisfaction.

At this point in our national history, women and families are seeking for more childbirth options. The kind of knowledge that a midwife can pass on to a family going through childbirth will aid couples into engaging, informed, and empowered parents of the children who will lead our next generation forward. By keeping the practice illegal in 22 states, the United States is hindering parents freedom of choice and access to information.

Nick Sallen is the Editor-in-Chief for The Dakota Student. He can be reached at nicholas.sallen@und.edu

Photo by Shelby Johnson

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The Dakota Student

Hunter Plante

The Fighting Hawks lose first match of the season against the Golden Gophers
UND falls short against University of Minnesota

The Fighting Hawks lose first match of the season against the Golden Gophers
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ADAM GUNDERMAN

The Dakota Student

UNIVERSITY OF NORTH DAKOTA

HUNTER PLANTE

The Dakota Student

North Dakota headed down to the Twin Cities to take on the Minnesota Golden Gophers over the weekend. The Fighting Hawks, who came off a double-over-time win against South Dakota State last weekend, wanted to get off to a good start against the 17th ranked team in the nation. The Hawks struggled against the Big Ten rivals and eventually fell 3-0 to the Gophers.

The following day, UND took on the SEC's Ole Miss. The Rebels took the first two sets 25-23 and 25-22. The Hawks flew back to tie the series 2-2 with 25-23 and 25-22 victories. In the decisive Game 5, Ole Miss was able to pull away for a win by a 17-15 score. While Ole Miss is among the best in the SEC, the Hawks hung with them throughout the matches.

Pryor does not believe in focusing on one set in this case.

“They go to the same NCAA tournament we go to.” Pryor said. “As a program, we have to be that. We’re playing games to win, not only, yet did well against us and we won so.”

Later that night, UND faced off against UC Davis. The Hawks fell in three games. Despite the loss, the Hawks also saw Kellogg in the net. The senior goalie made 8 saves in a 2-0 win over UMKC to start the season well

Kellogg earned her Big Sky Defensive Player of the Week in the second half. “Kellogg was pleased with his team’s effort on Friday night.”

“I walked away from tonight’s game very pleased with our group,” Kellogg said. “We played an extremely dangerous top 20 team and gave up only one goal through the run of play. We were able to create some dangerous chances of our own, but just couldn’t capitalize on them.”

While the Gophers did score three goals, only one came during the heat of battle. Minnesota’s first goal was scored off a penalty kick, the second came on a set play from a corner and the third was scored off a breakaway. All three goals came in the first half.

Coach Kellogg was very happy with his team’s effort in the second half, as the Gophers didn’t even try very much.

“We made some adjustments at halftime and the players were able to keep Minnesota off the board in the second half.” Kellogg said.

The Summit League Mavericks also have an excellent stoppage in net. In a win over UMBC to start off the weekend, 1-0 overall, UND heads out to take former NCC rival Nebraska-Omaha on Sunday afternoon. The kickoff against the Mavericks is set for 3 p.m. in Omaha, Neb.

When UNO hosts the Fighting Hawks, it will be the third game of four straight home games at Alternative Field. The Mavs, who come off a home loss to in-state rivals Creighton 5-1, are 1-0 on the season.

The Series against the Gophers is UND’s first of the season. UND now moves to 1-1-1 overall. UND heads out to take former NCC rival Nebraska-Omaha on Sunday afternoon. The kickoff against the Mavericks is set for 3 p.m. in Omaha, Neb.

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**Soccer rivalry reignites with Omaha Mavericks**

The Fighting Hawks fall further in the hole as they add another game in the loss column.

HUNTER PLANTE

**THE DAKOTA STUDENT**

A key in an old-fashioned sporting event is the tough physical rivalries that the teams bring to the game. From college battles between UND and UCLA to the big league Boston Red Sox and LA Dodgers, these rivalries have never been more exciting than the one with Nebraska- Omaha. That rivalry came alive again Sunday afternoon, this time it was on the field.

The Fighting Hawks traveled to Omaha, Neb. to take on the Omaha Mavericks in a non-conference matchup. The Hawks jumped out to an early 12-6 lead after back-to-back aces by UND’s Sydney Griffin and Faith Dooley set up to block opponents during match last season.

The Hawks have run into difficult as of late, as they have not only been unable to find the back of the net but trouble defending their own. Coming off of a tough loss to Big Ten foe Minnesota just two days earlier, the Fighting Hawks needed a fast start and a strong performance from the entire team, unfortu-

The University of South Dakota hosted UND in the first of two meetings on the season as she fired a goal 2:30 into the game, her second goal of the afternoon for Omaha just an afternoon for the Hawks. The Fighting Hawks fall further in the hole as they add another game in the loss column.

**UND falls to USD in new Sanford Coyotes Sports Center**

The Hawks had a tough week of UND head coach Mark Pryor said, “Once we are able to maintain that a little more and I am confident we will be ready to roll for Big Sky Conference play.” While the Hawks were not able to return to Grand Forks with a victory, there are some things to be excited about moving forward.

Tamara Herold has made a big impact on the team so far. The junior transfer re-

**ADAM GUNDERMANN**

**THE DAKOTA STUDENT**

The University of South Dakota hosted UND in the first of two meetings on the season. The match was set to start at 7 P.M. on Monday evening, Sept. 3, but unfortunately, the Hawks were unable to return to Grand Forks with a victory.

Sydney Griffin and Faith Dooley set up to block opponents during match last season.

**“I am confident we will— we will be ready to roll for Big Sky Conference play.”**

Mark Pryor
Head Coach

**“Sometimes a quick turnaround like this week is the best thing,” said Kellogg.**

“I am confident we will— we will be ready to roll for Big Sky Conference play.”

Mark Pryor
Head Coach

**Photo by Nick Nelson/The Dakota Student**

good night for UND as well. Sophomore transition Jordan Vail came away with six of UND’s eight blocks. The six blocks by Vail matched up to one less than the entire USD squad.

Add the new faces to the mix with veterans such as Chelsea Moser and Faith Dooley and you can see why this team can still make some serious noise in the Big Sky conference.

This weekend, the Fighting Hawks take on two Tar-

**Photo by Nick Nelson/The Dakota Student**

The Hawks will wrap up their home stand after a mid-week battle of the bor-

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As students return to campus and summer begins to wind down, another season starts; football season. The Fighting Hawks have been hard at work this summer since camp opened Aug. 5, but there is still plenty of work to be done.

Along with the returning players, an additional 23 freshman have been added to the roster. "We've had a good fall camp. We are better now than when we started, which is always the goal," Head Coach Bob Schweigert said. "From the coaching side, we always want to continue to make progress, but we were able to get some young guys evaluated that we feel can help us during the season."

Looking back on last season, the Hawks nabbed five out of their eight conference games putting them in the middle of the pack. The team powered through a tough October as they faced three consecutive losses, they would come back and set a record with their first three game win streak under Bobbo Schweigert. The final push left the team with a 7-4 overall record, a two game improvement from the previous season.

The season boasted conference leading defense for the second consecutive season and an improved offense, with the spotlight on their freshman running back, John Santiago, who posted record-breaking numbers.

Santiago's performance led him to be named the Co-Big Sky Freshman of the Year along with receiving All-America honors from the Associated Press and STAT, Inc. The accolades continued as Santiago was also selected for All-Big Sky first team, joined on that team by senior linebacker Will Ratcliffe and offensive lineman Sean Meehan.

Along with Santiago returning to his starting role, 18 others will claim their starting positions for another year including junior quarterback, Keaton Studsrud.

After last season's performance, the Hawks held the fourth place spot in the Big Sky preseason media poll, and they only fall a single slot into fifth for the Big Sky preseason Coaches poll.

Now with new additions and skilled veterans, Schweigert and the coaching staff are looking ahead to a hopeful season beginning with a season opener against Stony Brook.

"We have some veterans that made some progress as well and that is what we’re looking for," Schweigert said. "If you’re on a work team, you’ve got to do your best and give the best look that you can because we have a lot of work to do to get ready for Stony Brook."

In the last meeting between these two teams in 2014, UND came out victorious in the final 13-3, and they currently hold a 2-0 record overall against the Seawolves. Stony Brook ended their season on the same foot as UND, with a three game win streak, although the Seawolves overall record for 2015 broke even with five games in each column.

The Hawks will begin the season on the road on Sept. 1 at Stony Brook at 6 P.M. CT. The home opener for UND will follow on Sept. 17th in the 51st annual Potato Bowl against South Dakota.

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Schedule

| W VOLLEYBALL | UND @ USD | 7 p.m. 8/30 USD |
| W SOCCER | UND vs. SDSU | 4 p.m. 8/31 UND |
| M FOOTBALL | UND @ STONY BROOK | 6 p.m. 9/1 STONY BROOK |