March 25, 2015

The Dakota Student

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Communicating science from the bottom of the world and beyond
— UND alumnus, TIME writer talks about explaining science to children in annual lecture series

Marie Monson
The Dakota Student

As part one of the annual UND Hagerty Lecture series, UND alumnus David Bjerklie spoke to just under 70 people at the Grand Forks Herald about what he thinks are the right questions to be asking in science today.

“I welcome arguments about science,” Bjerklie said during his speech. “But my position is that we are often having the wrong arguments.”

Bjerklie, a Minot, N.D. native, graduated from UND in 1976 and then went on to write science journalism for TIME magazine. Since starting there, the biology major has been honored as a Knight Science Journalism Fellow at the Massachusetts Institute of Technology and as a National Science Foundation Media fellow, and he now serves as the editor for TIME for Kids.

In his presentation, Bjerklie touched on many big questions and said writing for an audience of children has challenged him in wonderful ways.

“You can’t be vague with kids,” he said. “But that doesn’t mean you have to be simplistic.”

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Elizabeth Smart to speak at UND

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Next week, Grand Forks will have the opportunity to hear activist Elizabeth Smart share what it was like to be abducted for nine months when she was 14 years old.

Smart is coming to UND as a speaker for the 2015 Delta Gamma Foundation/Everson Family Lectureship in Values and Ethics, and will be taking the stage at 7 p.m. Monday in the Chester Fritz Auditorium.

Co-chairwoman of the Lectureship Planning Committee Sonja Collin said she is excited to meet Smart and that she will be received well based on the positive response the committee has seen so far.

“We are very excited to host Elizabeth and allow her to tell her story,” Collin said. “We are thrilled that community members and students on campus are interested in the event.”

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Smart, now 27, was kidnapped when she was 14 years old and rescued nine months later. She has done a great deal of activist work through The Elizabeth Smart Foundation, herself, she was heard about because of her involvement at another Delta Gamma event at which she was a speaker.

The event, which was initially scheduled to take place in late February but was rescheduled for Monday, is free and open to the public.

Smart also will be available Monday at 1 p.m. for a book signing at Ferguson Books and Media and will also do signings after her presentation Monday evening.

“We hope that the students and other audience members attending the event walk away inspired by Elizabeth’s story,” Collin said. “Considering the event is a lectureship series on values and ethics, we also hope that there is a greater appreciation and understanding of the role that values and ethics have in overcoming life challenges.”

Marie Monson is a staff writer for The Dakota Student. She can be reached at marie.iva.monson@my.und.edu

Elizabeth Smart, who will be speaking at UND March 30. Photo via PitchEngine.com.
“Moments” by Bill Rerick

Brian slouched over as he peered into his fridge, and saw there were fewer beers than he anticipated. With people coming more often lately, he figured he better text his provider before he ran out. Brian felt tired and a little lonely. His phone showed a notification from Nicole’s roommate. It was another provocative snap, which wasn’t surprising since he pinned her as that type of girl and they had been exchanging these photos for a week or so now. He didn’t get a rush or anything from seeing it, but more of a feeling of power. She was in his control now, or at least he felt so. Like a Chemist, he was figuring out how different social interactions caused different reactions, and was learning to categorize people to have certain responses to his actions. His judgments were not always right, but more often than not they provided him with what he wanted. He almost remanded her just for being Nicole’s roommate. Although he would never admit it, Nicole damaged him by not talking to him anymore after the night they slept together. He texted his guy for alcohol, but ignored another missed call from Jeff. Calling to the other room, he asked if the girl he had over wanted another drink. She said sure, then they proceeded to watch a movie together.

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The first whirlwind week of Florence is something I will never forget — from the museum tours to walking around the city with friends, all culminating in the week-end trip to Venice. I knew Venice was a trip I was going to take at some point during my time in Italy, so I was thrilled when we got to take it on “company time.”

After a gorgeous bus ride and quick boat ride, we were transported to one of the most unique and beautiful cities I had ever been in. On our quick walking tour, we got a handle of where our hotel was and how to somewhat navigate the city. For all of her beauty, Venice is also a tragic city. Because it was built on millions upon millions of wooden poles, Venezia is literally sinking into the sea. It won’t happen overnight, but there will come a day when it falls into the ocean unless something is done to preserve it. And while that is sad enough, apparently residents are leaving in droves because of the lack of jobs in the city. I could not believe it. How could a city with so much culture and beauty be almost dying off? I knew I was going to try and experience everything I could while I was here.

The tour was over, our guide showed us the best spots to eat, and my friends and I sat down to the some of the best seafood pasta and lasagna I had ever had.

After the tour we, a little more time to marvel at the beautiful buildings and the canals that sparkled in the moonlight. After much debate and multiple wrong turns we finally made it back to the hotel and then promptly went out right away in search for a bar. While aimlessly walking around, we found what seemed like a nice Italian man and we asked him for directions. He politely told us to go to an oyster house. We eventually found a bar, drunk and had a relaxing night, which was a nice change of pace.

The next morning was a brisk and somewhat cloudy one, where we set off to explore the streets of the ancient city. The day started off with a quick gondola ride and a walk to Piazza San Marco (St. Mark’s Square). There is a lot to take in, from the beautiful columns lining the square, to the ancient and beautiful work of art, known as Basilica di San Marco. Even though it was cloudy, the church seemed to glow as we got closer and closer. I had never seen anything like it.

We walked through the flooded square into the church, where I was blown away at what I saw. Inside, the walls and ceiling are covered in colorful, yet faded, frescoes depicting scenes and people from the Bible. Even the marble floors had me staring. Once again I had the feeling one visit to a place like this would not be enough. I knew I was coming back.

Next up was the Doge’s Palace (where I learned that a Doge is more than just an internet meme) where we learned the history and cultural background of Venice. We continued on to old and beautiful churches and museums that captured the ancient feeling of the city. Overall, it was and still is one of my favorite trips I have taken so far. It’s a place that everyone needs to see while they still can.

After the touring was over and night was near, I had a set plan of what I wanted to do. I wanted to get a nice seafood dinner with some calamari, get a cigar, and smoke it while walking by the sea while seeing Venice by night. Unfortunately, my friends wanted to spend the night a little differently. The group agreed they wanted to get food but wanted to spend the night searching for the nightlife around the city. I went along with it even though that was not how I wanted to spend my night. I will find, especially if you travel without any of your friends, that you are more inclined to go with the group instead of doing things on your own. It’s natural.

Tip #6: Just because the group wants to go out and boozes, does not mean you have to as well.

We got some wraps, pizza, and then went to the same bar we were at the night before. I was not thrilled. I sat there for about 30 minutes while everyone played slots and thought to myself, “Screw this. I am not spending my last night in Venice this way.”

I grabbed my buddy Mike, who was sharing my same thoughts, and we went and walked the almost abandoned streets of Venezia together, discussing the trip, life and taking in the nooks and crannies that we did not get to see on a guided tour. We were cigareless, but it was amazing none the less. Seeing the city lit up is still one of my favorite memories of an already amazing trip.

The next morning, my friends and I got up early and went back to St. Mark’s Basilica for Mass. Even though there were so few people in attendance and the mass was said in all Italian, it was a serene experience in which I got to see those gorgeous mosaics one last time.

After mass, we ran through the flooded streets with our shoes off (so damn cold), packed our bags and were back on the bus headed back to Florence for more adventures.
Supporting the boy in a bubble

Kjerstine Troelen
The Dakota Student

If you happen to spot me on campus today, you might not see anything out of the ordinary. If you look, really closely, you might see that I need a haircut, that I have a rather bad sunburn on my arms or that I’m wearing contacts instead of my glasses (spring means sun means sunglasses, which don’t work well over other glasses). But really, beyond that, you probably won’t see anything.

What you’re missing is the fact that I’m wearing yellow. On any other day, the color of my clothing wouldn’t make much more difference than the way I wear my hair — it’s just what I felt like doing that particular day.

But today, I’m going out of my way to wear yellow. You may even catch me taking a selfie or two or ten — something I don’t do that often considering I’m a twenty-something college student.

Today, there will (hopefully) be many people around the world wearing yellow — and it’s all for one kid.

His name is Seth, and honestly, he looks like any other little five year old boy. He has a big, sweet smile. He loves things like Fireman Sam (a Welsh television sweet smile. He loves things like the flu shot doesn’t cover the right

infection isn’t present in order to prevent illness) and constantly getting sick. I returned to school halfway through my sophomore year of high school, and even then I had to have special arrangements made due to constant illness. I nearly missed my Junior Prom thanks to Whooping Cough (my vaccine didn’t take and there was an outbreak thanks to those who chose not to vaccinate their children). I have yet to graduate college because I can’t stay healthy and end up missing extraordinary amount classes. I have been on medications of some sort since I can remember — including, in-fusions of donated plasma when I was younger (thank you to all you donors out there, by the way — you saved my life). My blood levels for the past year and a half have had me back in the “low-normal” range, meaning I’m finally starting to grow out of it.

And yet, as frustrating as my story is, I cannot imagine what it must be like for Seth. PID is a walk in the park compared to SCID. I’ve never had a bone marrow transplant, my parents and friends don’t usually have to “scrub in” to visit me when I’m hospitalized. I’m able to feel the fresh air on my face and be out in the world long enough to get sunburned. Seth can’t. Or at least, he can’t.

I can’t tell the future — I don’t know if his body will accept the new bone marrow transplant (I pray it does). I don’t know what the future has in store for him — I hope it’s recovery. I hope he gets to go out and be a little kid who stays out after dark and gets in trouble with his mom. I hope he gets to ride a bike and scrape his knees and not have to panic every time the flu shot doesn’t cover the right strain of influenza. I hope he never has to hear a doctor say “You don’t look that sick” before treating him. I hope he never has to sacrifice what we all would consider a “normal” life just to live.

I’m wearing yellow for myself today. I’m wearing it for my pen-pal that the Immune Deficiency Foundation set me up with whose struggles were also far worse than mine. I’m wearing it for all the other kids I met in the hospital who also have immune disorders (whether deficiency or autoimmun- ity). I’m wearing it for my friends who either have or have been affected by SCID, PID or immune disorders in general. But most importantly, I’m wearing yellow for Seth. Stay strong, buddy. We’re all rooting for you.

Alex Bertsch
The Dakota Student

Mother Nature, your time is up. Too long your mood swings have been tolerated, but not anymore. Too long you have abused us humans with your tornadoes, hurricanes, blizzards and other natural disasters of the sort. Now is the hour of your dis- content.

My fellow Earthicans, it’s time we finally band together and fight back against this planet that so often terror- izes us. They have killed our people and given us minor inconveniences like getting snow all over your brand new shoes and making them wear out faster. Even though they were only $30, it still sucks they won’t last as long as you wanted them to, and then you’ll have to buy a new pair sooner, and then they won’t have the right size, and then you’ll need to order them on Amazon, and then you’ll need to pay shipping, and that’s an- other two dollars right there, and then you’ll get them and put them on, and then you’ll realize that you ordered the wrong size and then out of frustration you’ll swear off shoes for the rest of your life, and then you’ll get frostbite or pneumonia.

While you may not real- ize it, you have the power to destroy this planet once and for all. We can all do our part, whether it be fracking for oil and then burning said oil, or simply purchasing hundreds of pre-1970s aerosol products and spraying them at the sky to steadily deplete the ozone layer. If we all do our part, then within a few decades we can destroy Mother Nature for good.

You may run into the problem of extreme tempera- tures and your skin begin- ning to boil as the seas reach such extreme levels that it has engulfed most of the Earth’s land, but you must persevere.

We cannot allow Mother Nature to oppress us any lon- ger. If things truly go sour, we can all escape to the floating mass of garbage that floats in the Pacific Ocean to live out the rest of our days. If you would like to review the esc- ape plan, you can visit esc-a-petogarbageisland.blogspot.com for more information.

Some hippies will still insist we need to protect Mother Nature, and that if we do, things will get bet- ter. However, these people don’t realize this is exactly what Mother Nature wants. If we don’t fight back we will be easy prey. Rather we must fight back against her oppres- sion and show Mother Nature who’s the boss.

We have lost too many lives to allow this tyranny to continue, so grab your nearest gas can and burn the near- est forest. We need to fight back against Mother Nature; we need to fight for all the lost shoes.

Alex Bertsch is the Opinion Editor for the Dakota Student. He can be reached at alexander@bertsch@my.unl.edu

Take down Mother Nature

Alex Bertsch
The Dakota Student

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For The Dakota Student. She can be reached at kjerstine.troelen@my.unl.edu

David Vetters, the famous "Bubble Boy." Image courtesy of CBS News.
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Friday March 27, 2015

Marie Monson is a staff writer for The Dakota Student. She can be reached at marie.iva.monson@my.und.edu
Shafers travel to Africa on Fulbright

By Serianna Henkel
The Dakota Student

A UND faculty couple has recently been offered an experience of a lifetime.

Earlier this month, Jill and Richard Shafer were both announced recipients of separate Fulbright scholarships. Beginning in the fall semester, the couple will spend a year abroad in the Republic of Rwanda, teaching their disciplines to students and teachers alike.

Richard has been at UND for almost 20 years as a professor of journalism, and Jill works in the Department of Teaching and Learning providing multicultural education and teaching English as a second language.

Jill and Richard will be taking off for Rwanda in September, shortly after seeing their youngest son off to his first year of college. They expect to be there until June 2016. This is Jill’s first Fulbright scholarship. Richard has completed Fulbright scholarships in the Philippines, Uzbekistan and Singapore.

The Fulbright Scholar Program offers a wide range of opportunities for students, faculty and professionals of almost any discipline to travel to places all over the world to learn, teach and conduct research.

The process of obtaining a Fulbright scholarship is a lengthy one. The Shafers applied in August of 2014 and received their acceptance earlier this month.

A Fulbright applicant is responsible for answering a series of in-depth questions regarding credentials, and provide letters of recommendation. As current university faculty members, the Shafers were asked to include past course syllabi that would be applicable to their time in Rwanda, putting together proposals of what they would be able to contribute to the program of their choice. Arrangements are made with the university in advance of their potential leave. Jill said she and her husband were very lucky, and that the university was very supportive and generous in working with them.

In addition to information about themselves and their goals, applicants must demonstrate knowledge of the country they are hoping to travel to and the needs of that country in terms of their discipline.

For the Shafers, Rwanda was the top of three country choices, followed by Bulgaria and Lithuania. Their narrowed list was determined by the availability of positions in both of their disciplines, and their interest in Africa made Rwanda the clear frontrunner.

Jill visited Ethiopia last January, which sparked an intrigue in exploring African nations in different stages of development.

“Rwanda seems to be really focused on stabilization, peace and prosperity,” Richard said, referring to the country as the “Silicon Valley” of Africa — being a country that is currently in a process of reconstruction.

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Pre Workout Explosion was the cheapest of the supplements tested. And that’s just about the only good thing I have to say about it.

Right after taking it, I experienced extreme tingling in my face and my hands. This led me to believe it would be followed by an equally extreme surge of energy, and I was slowly disappointed when it never came.

It was kind of like getting promised a puppy for Christmas, and then never getting a puppy for Christmas. Sorry, I’m bad with metaphors.

This pre workout got quite good reviews online, but it left me unimpressed.

**Pro Supps: Mr. Hyde**

**Price:** $31/30 servings

Do you remember that time when you were 7 years old and just ate a handful of Pixie Stix before your mom could confiscate them? Remember how hyper you were, and that anything seemed possible? Imagine that feeling times 20, over the course of two hours. That sums up my experience with Mr. Hyde.

Ten minutes after taking the pre workout, my pupils shrank to the size of pinpricks and my resting heart rate skyrocketed to 110 beats per minute.

For two hours, I couldn’t take a break from lifting for more than a minute without feeling severe separation anxiety.

Mr. Hyde was by far the most potent pre workout of those tested, and I would only recommend it for people looking for a frighteningly powerful and long lasting wave of energy.

**Cellucor: C4 Sport**

**Cost:** $20/30 servings

If the standard C4 pre workout is a high school football star, C4 Sport is its scrappier younger brother that is a decent cross-country runner.

Rather than giving an instant rush that is desirable for heavy weight lifting, C4 Sport delivers a small but consistent increase in energy that lasts around an hour. This can be perfect for someone that wants to try pre workout for the first time, but is worried about getting slapped by something like Mr. Hyde.

**Safety**

Pre workouts are certainly not for everybody and are only loosely governed by the FDA, so be sure to consult a doctor before taking any kind of supplements. It is usually recommended to take a pre workout supplement 20-30 minutes before the intended exercise.

A colleague of mine adamantly stood by the act of shaking the container, then quickly opening the lid and inhaling the pre workout dust that drifted out because, “It hits you so much faster, man.” Yeah, don’t do that. Ever. The only thing that should ever go up your nose is fresh air and the occasional exploratory finger. You can often feel the effects of pre workout in well under 20 minutes, so it’s completely unnecessary to put flavored caffeine powder into your lungs.

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**UND Ceremonies and Special Events**

For more details about graduation, go to [www.und.edu/commencement](http://www.und.edu/commencement) or contact Dawn at 701-777-6393

**2015 Spring Graduation Expo**

**Wednesday, April 1**

**11am- 4pm**

**Memorial Union Loading Dock**

Are you graduating in May? Attend the UND Grad Expo to help you take care of details for commencement. Vendors who are participating and who can provide resources to you are:

- Alumni Association & Foundation
- Career Services
- Financial Wellness Program
- Greater Grand Forks Convention & Visitors Bureau
- Office of Ceremonies & University Events
- Office of the Registrar
- School of Graduate Studies
- Student Financial Aid
- Tweten’s Photography
- University Bookstore
- University Catering

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Brendan McCabe is a staff writer for The Dakota Student. He can be reached at brendan.mccabe@my.und.edu
Choice Health & Fitness is taking applications for Childcare, Deli and Maintenance workers, you can apply at Choice Health & Fitness at 4405 11th Ave South or online at Choicelf.com.

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Violence Intervention Advocate Position will provide services to domestic violence and sexual assault victims. This position will also include duties specifically related to our emergency shelter housing and providing services to its residents. A Bachelor’s degree in a human service field and ND Licensure preferred. Related work experience preferred. This position is part of the Light of Hope Program at the Community Violence Intervention Center and will also be responsible for coverage on CVICS 24-hour crisis line. Please view our website at www.cviconline.org or contact Jamie at 701.746.0465 or jamie@cviconline.org for application information. All positions are opened until filled. EO

Law Enforcement Advocate: The position is a full time, benefited position. The Law Enforcement Advocate will act as a liaison between city/rural law enforcement and victims in crisis. The advocate is the primary victim contact after a crisis, making contact with victims after incidents of abuse or assault to provide immediate crisis intervention, information and coordination of services. The Law Enforcement Advocate will also provide training for new law enforcement officers and technical assistance to law enforcement in processing dangerous situations. The Law Enforcement Advocate is part of the Light of Hope Program at the Community Violence Intervention Center and will also be responsible for coverage on CVICS 24-hour crisis line. Please view our website at www.cviconline.org or contact Jamie at 701.746.0465 or jamie@cviconline.org for application information. All positions are opened until filled. EO

Local moving and storage company looking for friendly, hard working people. Flexible scheduling with pay of up to $16/hour - stop by 4700 DeMens Ave for an application. Must have valid drivers license.

Richard notes doing the job will be the easy part and is no different wherever you are. The adventure for both of them will be in the new environment and cultural differences.

“I think it’s really important for all of us to know what it’s like to be a minority,” Jill said. “Many of the minorities here never have a chance to change that. It’s a really refreshing experience to have. If you’re curious in a positive way, you get what you put out.”

The preparation that will go into the trip in the coming months will involve a lot of packing, sorting out the transfer of mail and bills and getting immunizations. What will be done with the Shafer residence is currently up in the air, the couple are discussing options of selling, renting or as Richard jokingly suggests, “We’ll burn it down.”

“In terms of living in an entirely new environment, the Shafers are eager to immerse themselves in the culture. “It’ll be very interesting to see what Rwanda is going to feel like,” Jill said. “You can read about it, but you really don’t know until you’re there.”

Jill’s research on the country and its past has especially intrigued her. She is interested in the nation’s emotional state and the relationships between the ethnic groups who were once at war.

“I’m hoping to get insight into that human nature of being able to recover and move on and build this country together again,” Jill said.

Since Richard has spent much of his life traveling, he has ceased having expectations. “When the airplane door opens, you go down the stairs, and everything happens to you,” he said. “You either function or get right back on the plane.”

For more information please visit Choice Health & Fitness website, www.choicefitness.com, or call 701.746.0465.
Bitter ending for UND basketball team

North Dakota women end season against New Mexico, learn from challenges during season

By Staff Report
The Dakota Student

For the third time in four seasons, the UND women's basketball team made it to postseason play and accepted a bid in the Women's Basketball Invitational. But its season ended when it entered the West Region as the No. 8 seed and was defeated 54-51 by top-seeded New Mexico on Mar. 18.
UND managed to nearly climb out of an early deficit, but its efforts fell short. "We kind of just broke down and we didn't stick to our principles of playing together and playing strong," Mia Loyd said.

North Dakota spent its third season in the Big Sky facing challenges that would only strengthen its desire to succeed. For the team's seniors especially, the years provided them with opportunities to grow. "They came in and they battled," Brewster said. "It's a tough year. They'll be missed, but at the same time, that's what we do here, growing young people into who they are and they'll be prepped for the real world once they get out there, that's for sure."

Seniors Siri Burck, Emily Evers and Megan Lauck played their last games in North Dakota jerseys after one last run at a bigger goal. "I'm sorry to see the season end for our three seniors," Brewster said. "It's a tough way for them to go out, but they have been a part of many magical memories. We put together one last push for the fans and seniors and UND."
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Mattson takes challenges in stride
— UND senior Nick Mattson gains confidence on the ice, finds his way back into the lineup

By Elizabeth Erickson
The Dakota Student

The epitome of a kid growing up in a hockey family in Minnesota, Nick Mattson spent mornings before school stickhandling or shooting pucks in his garage. He went to school, then to practice, and then put his well-worn skates right back on and skated on an outdoor rink on chilly winter evenings.

It was all he ever wanted to do, and his small backyard rink in Chanhassen, Minn., was the place he fell in love with the game at four years old.

On that particular morning, Mattson was out of his bunk bed at 5 a.m. with a wake up call by his dad. They skated together on a smooth sheet of ice, and he knew that moment would forever influence the path he now follows.

It wasn’t until he was eight or nine that he knew he couldn’t stop. The hectic schedule or long hours on the ice that followed the repetitive lacing of his skates didn’t bother Mattson. He preferred it that way.

“I didn’t really seem like work,” Mattson said. “It just felt like the only thing I ever wanted to do. That feeling’s never really gone away.”

The feeling in his gut that he was in the right place as he strode down University Avenue and toured Ralph Engelstad Arena brought him to Grand Forks.

He still remembers that first game he stepped out on the ice before the game in front of thousands of cheering fans at the Ralph. He was stretching for warm-ups, and it suddenly hit him — he wasn’t on his backyard pond anymore.

“I looked around at the fans and I remember, it wasn’t a panic attack, but I kind of lost my breath,” he said. “I was having a really hard time breathing. The first time I went out there was something I’ll never forget.”

Now a senior defenseman on the UND men’s hockey team, Mattson became accustomed to the unwavering support from the fans and the community, and entered his final season in a green and white jersey hoping to be a bigger role this time around.

That wasn’t the case. For much of the first half, Mattson didn’t spend time in pregame warmups or skate to the blue line as one of UND’s starters when the lights dimmed like he often used to like one of the team’s reliable skaters.

Baseball team looks to put aside recent struggles
— UND men’s baseball team etching four-game losing streak into books, prepares for home games

By Ben Novak
The Dakota Student

The UND baseball team has struggled through its first six weeks of the season, but the month of April offers a plentiful amount of home games, and then returning to finish out the series finale last Sunday.

The team that has won its first three conference games of the season last weekend in the beginning of May. The Green and White will look to get back on track on the road against Northern Colorado, a team that has won its first three conference games of the season.

UND currently is on a four-game losing streak and will look to get back on track on the road against Northern Colorado before returning to Grand Forks, where it will play nine conference games with on its home field.

By Elizabeth Erickson
The Dakota Student

Friday March 27, 2015

MHKY, Mar. 27 vs. Quinnipiac Fargo, N.D.
BSB, Mar. 28 vs. Northern Colorado Greeley, Colo.
SB, Mar. 28 vs. Northern Colorado Greeley, Colo.
MTEN, Mar. 29 vs. Southern Utah Grand Forks N.D.