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**RAIN Rhythms** 

**College of Nursing & Professional Disciplines** 

Summer 2017

## **RAIN Rhythms: Summer 2017**

**College of Nursing & Professional Disciplines** 

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# **RAIN Rhythms**

Recruitment & Retention of American Indians Into Nursing |



Bonnie LaFromboise MSN Advanced Publilc Health Turtlle Mountain Chippewa



Elizabeth Mittet MSN Psych Mental Health Family Nurse Practitioner White Earth Chippewa



Kirsten Azure BSN Turtle Mountain Chippewa



Challsey Scallon MSN Advanced Public Health Spirit Lake Nation



Jennifer Magpie, MS Advanced Public Health First Nation, Canada



Amy Bement BSN MHA Nation



Shawn Sager MSN Family Nurse Practitioner Turtlle Mountain Chippewa



Spring/Summer 2017

Kimberly Williams MSN Family Nurse Practitioner Spirit Lake Nation



Nicole Beston RN-BSN MHA Nation

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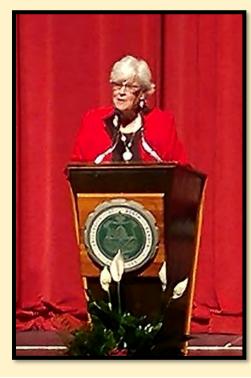
## **ORIENTATION** — We begin a new academic year.



Pre-Nursing and Nursing students. Spring 2017

## PINNING





(I-r): Chris Burd PhD. RN, Keynote speaker

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(I-r):

## **Masters Hooding Ceremony**



RAIN Grads carrying Tribal Nations' flags at graduation.



## **HONOR CEREMONY Spring 2017**

The Honors Ceremony highlights our graduates. The Lone Buffalo Wokiksuya Drum from the Spirit Lake Nation provided the drum and honor song. The traditional meal included buffalo roast and tongue, baked potatoes, corn, vegetables, wild rice soup, fry bread and wojapi.



Spring graduates (Back I-r): Bonnie LaFromboise, Nicole Beston, Elizabeth Mittet, Kirsten Azure, and Amy Bement (Front I-r): Kimberly Williams, Shawn Sager, and Challsey Scallon



Graduates with their families



Bonnie Lafromboise MSN APH with family



Beth Mittet MSN Psych Mental Health with her mom



Challsey Scallon MSN APH and her family

Shawn Sager MSN FNP and family



## Graduates with their families



Kimberly Williams MSN FNP and her family



Kirsten Azure BSN and family

Graduates with their families

Nicole Beston BSN with her mom



Sonya Anderson BSN RN and Elle Hoselton BSN RN RAIN Nurse Mentors were honored by Nicole Beston BSN RN in appreciation for their help.



Amy Bement BSN with her mom



## TRADITIONAL MEAL

The Honors Ceremony highlights our graduates for Spring semester 2017.



Kimberly Williams, MSN RN giving the blessing













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UND President Mark Kennedy and First Lady Debbie Kennedy with Dean Roux and graduates at the traditional meal.



The Daughters of the American Colonists along with Dr. Mark Kennedy and the First Lady Debbie also attended the Honor Ceremony





## PINNING

## A Sacred Life Wellness Center Grand Opening at Spirit Lake



RAIN alums Tracy Charboneau BSN RN and Challsey Scallon MS APH RN collaborated in pursuing grants to establish a \$1.2 million wellness center, which was named by the community as A Sacred Life Center, located in St. Michael, ND. This center is dedicated to help persons with Type I and II diabetes. The converted two-story old bus garage is located on the Spirit Lake Nation community. This center

provides space to provide a fitness area, examination rooms, meeting space, and classrooms for education about diabetes, and the staff provides education about living a better quality of life as well as diabetes prevention. Tracy credits UND and the RAIN program with providing the impetus to become leaders in their community. **Challsey graduated in Spring of 2017 from the University of North Dakota's College of** Nursing and Professional Disciplines with her Masters in Advanced Public Health degree, and Tracy will be graduating in May of 2018 with her Masters in Advanced Public Health degree, also.

To read the complete article, please click on the following link: http://blogs.und.edu/ und-today/2017/04/home-grown-health/

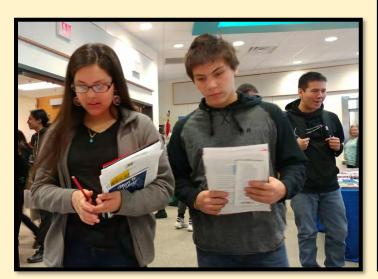
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## **Rez-cruitment**

Each year, RAIN Program Director Deb Wilson and Program Coordinator Barb Anderson and other RAIN staff traverse across Indian Country in seven states, visiting with youth and families at reservations and communities. During these recruiting drives the team also visits RAIN alumni now serving their home communities.



Our RAIN booth and one of our awesome nurse mentor on the recruitment trail at Leech Lake Tribal College. Students stopping by the booth to learn about nursing and UND! March 29, 2017





North Dakota South Dakota Minnesota



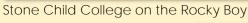
## **Rez-cruitment**



#### "On the Road again"

February 5-15, 2017 Barb and Deb participated in the Montana Colleges career Fair circuit. We visited most of the Montana tribal two-year colleges, except Blackfeet College because of a winter storm, which brought five feet of snow!







Aaniiih Nakoda College on the Ft Belknap reservation.





Fort Peck Community College, Poplar



Student at Fort Peck



Chief Dull Knife College Career Fair , Lame Deer



Little Big Horn College, in Crow Agency



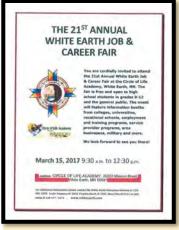


## **Rez-cruitment**





Circle of Life Academy in White Earth, MN. Hosted the 21st Annual White Earth Job and Career Fair, March 2017



21st Annual White Earth Job & Career Fair, White Earth, MN March 2017



Sonya Anderson RAIN Nurse Mentor at the Red Lake High School Career and College Festival April 2017.



Freshmen, sophomores and juniors coming through the booth area at Red Lake High School. April 13, 2017



2017 College & Career Fair for students of the MHA Nation was held at the Four Bears Casino in New Town, ND.

Montana

Wisconsin

Wyoming

Nebraska



### CONFERENCE

#### American Indian Higher Education Consortium (March 2017) Rapid City, SD



RAIN staff are in attendance at the American Indian Higher Education Consortium in Rapid City, SD. Barb Anderson and Brittany Belgarde representing RAIN at University of North Dakota booth at the American Indian Higher Education Consortium Rapid City, SD. March 2017.

## **Visiting RAIN Alum**



RAIN Alum Jenna Desjarlais BSN RN at Quentin N. Burdick IHS Hospital in Belcourt, ND. Jan. 2017.



(I-r): RAIN alums Rhea Decoteau MS RN, Kristina Davis Smith, MS RN Michelle Allard Gottbreht BSN RN at Quentin N. Burdick IHS Hospital in Belcourt, ND Jan. 2017.





Deb Wilson visiting alum Clarice Bauer Smoker who is working at the Fort Peck Dialysis Center. Poplar, MT. Feb. 2017



Visiting alum Laverne Parker ,Director of the nursing Associate degree program at the Aaniiih Nakoda College on the Ft Belknap reservation and her fellow staff member. Feb. 2017.



Visiting alum Laurie Gilbert who is working in the Billings, MT area. Feb. 2017



(I-R): Winnie Old Coyote and Jessica Goulet two of RAIN BSNs working at the Crow Agency Cheyenne IHS hospital. Feb. 2017



Nursing student giving tour at the Aaniiih Nakoda College Nursing Program on the Ft Belknap reservation. Feb. 2017.



(I-R): Deb Wilson, Clarice Kills Pretty Enemy BSN and Barb Anderson Crow Agency Cheyenne IHS hospital. Feb. 2017







Visited with awesome White Earth Tribal and Community College staff

(I-r): Jeannie McDougal and Emma King Mahnomen, MN. March 2017.

RAIN Alum Ashley Langan MSN RN, the Director of Nursing at White Earth, IHS Center in White Earth, MN. March 2017.

Recruitment materials at the LaCreek District IHS Clinic in Martin, SD. March 2017



Lacreek District HS Clinic 85 - 2880 Clinic Hours Monday 6:00 a.m. - 6:30 p.m. Musday 12:30 p.m. - 6:30 p.m. Hidas 0:00 a.m. - 6:30 p.m. Hidas 0:00 a.m. - 6:30 p.m. Monday - Friday 10:00 a.m. - 6:30 p.m.



Prospective student from the Rosebud Sioux Tribe Community Health Representative program, Rosebud, SD. March 2017.



Wednesday afternoon's stop was at the Cass Lake IHS Hospital. They have a new addition to their facility. One of our BSN alums works the night shift, so we were not able to meet with her. March 31, 2017





(I-r): Rose Gaigowski MS RN, Tracy Cooper BSN RN Director of Public Health Nursing, and Jencie Dahlen BSN RN Case Manager at the Woodrow Wilson Keeble Memorial Health Care Center in Sisseton. March 2017



Woodrow Wilson Keeble Memorial Health Care Center, Sisseton, SD. March 2017



Deb and Barb stopped to visit with staff in the Sisseton Public School Building. March 2017.



Deb and Barb stopped at the Sioux Falls Indian Education office, located in the school district bldg. They met with the secretary and three teachers, working with Indian Education from three high schools in Sioux Falls. SD March 2017



Visiting with Jade Trottier BSN RN, Director of Nursing, at Flandreau, SD. March 2017



Deb and Barb stopped to visit with staff at the Tiospa Zina Tribal School. March 2017



Deb and Barb met with staff at the Lower Brule Community College, the IHS Clinic, and the Lower Brule High School. March 2017





Prospective students with RAIN alumni at the Pine Ridge IHS Hospital , Pine Ridge, SD. March 2017

Second from left: Erica Goureau BSN RN and Jackie Miller MS RN on the end





INMED alum Doni DeCory working at the hospital in Quality Assurance at Pine Ridge IHS Hospital, March 2017





Visiting with Johanna Watt , Director of Nursing at the Cheyenne River Health Center, Eagle Butte, SD. March 2017



At the Crow Creek High School in Stephan, SD, we met with the high school counselor. March 2017



Deb and Barb visited with (I-r): Debbie Belgarde Director of Nursing, and Dale Buckles, CEO, at the Fort Thompson HIS Clinic, Ft. Thompson, SD. March 2017





Chantel DeCoteau Vazquez working as a Public Health Nurse (PHN) at the Elbowoods Memorial Health Center, New Town, ND



Our last stop after the Red Lake High School career fair was the Red Lake IHS Hospital to see our RAIN alum Natalie Nicholson FNP and one of our Family Nurse Practitioners. She was one of our BSN alums as well. April 15, 2017





(I-r) Sonya Anderson, Elle Hoselton, and Mamie Bender

RAIN Nurse Mentors Sonya and Elle attended the Red Lake Career Fair and visited with Alum Mamie Bender BSN at her booth. July 27, 2017.





Honoring Matt Sadlowsky on his last day of tutoring RAIN nursing students. (I-r): Matt Sadlowsky BSN, Nurse Mentors Sonya Anderson, BSN RN, and Elle Hoselton BSN RN

Students taking advantage of the RAIN area lab and meeting with the nurse mentors.

















RAIN student Cheyenne Defender featured in Giving Hearts Day event. Feb. 9, 2017

The Nursing Student Association (NSA) in the College of Nursing and Professional Disciplines sponsored a Volleyball Tournament in May 2017 as a fundraiser for the Altru Stroke Awareness program. RAIN's nursing students paid an entry fee as part of that fundraiser. In addition to the students focusing on classes and homework, the RAIN students used this tournament as a way to incorporate some fun into their lives.





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Each of the RAIN team members wore a T-Shirt with their numbers and names on the back. As the team photographer, Deb Wilson also wore t-shirt with her name and the picture of a camera.

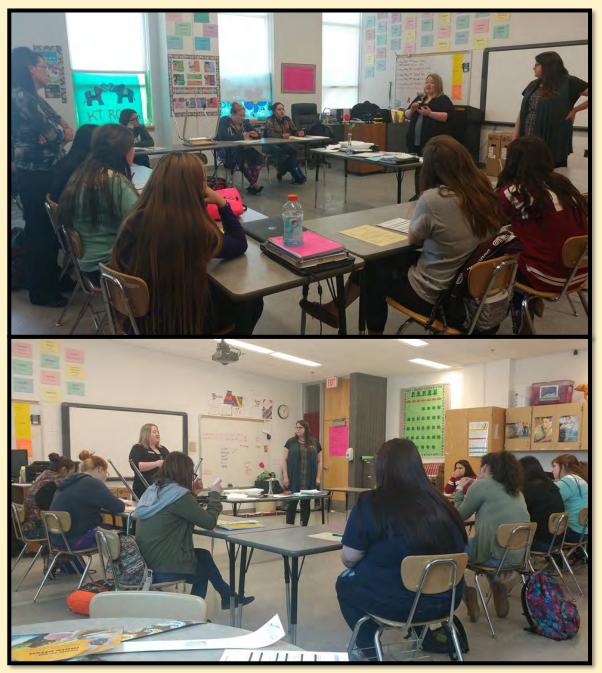




An honoring ceremony was held for INMED with students, staff, alums, former director and advisory board. April 22, 2017. Several RAIN students participated in the INMED Honor Ceremony during wacipi.



On Monday, May 1st, 2017 RAIN staff traveled to Belcourt on the Turtle Mountain reservation. They had a booth at the Turtle Mountain Community College (TMCC) for a couple hours and visited with prenursing students. The final stop was at Turtle Mountain Community High School, where the nurse mentors presented to the Health Careers Class. We are hoping to see them make a visit to RAIN in the future. There were a good number of the students interested in nursing.





Legislative Nurses Day, Bismarck, ND

Elle Hoselton BSN RN Nurse Mentor representied RAIN at Bismarck for Nurses Day at the Legislature where issues in nursing were discussed. February 2017.

## Sigma Theta Tau Induction

Challsey Scallon MSN Advanced Public Health of the Spirit Lake Nation was inducted into Sigma Theta Tau Tea Epsilon Chapter at the Northern Plains Center for Behavioral Research at UND on May 8, 2017

Sigma Theta Tau's mission is to support learning, knowledge and professional development of nurses. The Eta Upsilon chapter [at UND] seeks to provide support to future and current nurses who are interested in promoting scholarship, service and excellence in practice.

(Sigma Theta Tau International: Eta Upsilon Chapter (UND), 2017, para. 1).





## Summer Faculty Tour — June 18-23 2017

In June 2017, Dean Gayle Roux and faculty members Stephanie Christian, Stacie Olson, Kris Hendricks, and Karen Semmens along with Deb, Barb, and Elle did a whirlwind tour through South Dakota and eastern Nebraska, visiting the reservations, RAIN alums, and Indian Health Service facilities. Jeanette Williamson, the DON, took time on a Sunday to give us a tour of the Winnebago IHS Hospital. We appreciate her extra effort!





Continuing the tour through South Dakota,,,





On through South Dakota...









Continuing on to Wanblee, SD...













#### Faculty tour continues on to Pine Ridge...

RAIN alums at Pine Ridge. Jackie Miller BSN RN joined us for supper on Tuesday evening and gave us a tour of the IHS Hospital. Oglala Lakota College nursing program. We were given a tour of their facility.





Lunch at Higher Ground, a coffee shop in Pine Ridge with one of our nursing alum with RaeAnn Red Owl, MS RN, J.D.



Leaving Pine Ridge



Our next stop was at Rapid City where RAIN alum Melissa Parisien, BSN, RN gave us a tour of Sioux San with Nursing Supervisor, Callie Raymond. Madonna Swan was a TB patient at Sioux San when it was a regional tuberculosis center.



Having dinner with RAIN alums Mia Osborne BSN RN; Melissa Parisien, BSN RN; and far right Evalina Murphy, FNP,RN with UND crew.





On to Crow Creek....Scenery on Tuesday afternoon from Wanblee to Wounded Knee...





From Crow Creek, Ft. Thompson on to Flandreau, SD...









Jade Trottier BSN RN, Director of Nursing at the Flandreau Santee Tribal Clinic in Flandreau, SD. She gave us a tour of their new clinic that will be opening in Sept. 2017



Arriving at our last stop at Woodrow Wilson Keeble Memorial Health Care Center, Sisseton, SD.







## Best Wishes

Elizabeth Yellowbird, Ph.D. resigned as MHA mentor in December 2016. Dr. Yellowbird has been with RAIN for twelve years and we "knew her when" at INMED. She has taken a job closer to home, New Town, ND. We are really going to miss her, and we wish her all the very best in her new adventure!

Best Wishes, Lizz!

## Welcome



Colleen M. Burke has joined the RAIN office as Writing Mentor on January 11, 2017. Colleen works with pre-nursing, undergraduate nursing, and graduate students as well as staff in their writing projects. She also gives presentations on APA and MLA styles in citing sources in research papers. On August 4, 2017, Colleen graduated from the University of North Dakota with her PhD in the Teaching & Learning Department with an emphasis in higher education.

Welcome, Colleen!



Nicole (Tyra Nicole) DeCoteau BSN RN is the new Bremer Nurse Mentor at RAIN. Nicole will be working with undergraduate nursing students receiving the Scholarship for Disadvantaged Students (SDS). These students selfidentify as coming from a diverse or disadvantaged background and will consider working in a medically underserved community upon completion. In conjunction with CNPD and the RAIN program, Nicole will provide academic support services to SDS nursing students. These services include both academic and professional mentoring, advising, and monitoring of student progress. Nicole is both a University of North Dakota CNPD and RAIN alum. While a RAIN student, she graduated from UND with a BSN in Nursing in 1995. Additionally, she has over 20 years of nursing experience, working in multiple hospital settings and mentoring fellow nurses. Nicole loves nursing and has always been dedicated to support the education and professionalism of nursing students. Welcome, Nicole!





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The RAIN Program offices are located in Suite 314 of the

College of Nursing & Professional



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