This was a qualitative study using a life history approach. There was a one-life history of Dr. Jan Stube is a case study that examined her Board of Occupational Therapy Practice, n.d.). She has given numerous presentations at the local, state, and national level, which encompassed her passion for occupation and relationships in order to advance the therapeutic process and further help her clients succeed in their goals.

When Dr. Jan Stube entered the field of occupational therapy, there was an emphasis on the mechanistic paradigm.

Regardless of that, occupation has always been central to her practice and professional identity.

As the profession changed over time and the need for research increased, Dr. Jan Stube arose to the challenge to contribute to the necessary growth of the profession.

Dr. Jan Stube’s passion for keeping occupation central within OT has driven her to further advance the profession through her roles as an educator, researcher, and practitioner.

This is evident through the impact she has had on the local, state, and national level, which encompassed her passion for occupation and relationships in order to advance the therapeutic process and further help her clients succeed in their goals.

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As the profession changed over time and the need for research increased, Dr. Jan Stube arose to the challenge to contribute to the necessary growth of the profession.

As the profession was evolving into an evidence-based profession, Dr. Jan Stube participated in research to further advance practice and the literature supporting it.

The main premise of this model is the river; which represents the environment.

It is important to meet the demands of the environment.

Themes from the category of goals for the profession include:

• Occupation has stayed at the core of the profession.
• “occupation has always been there, the heart of what we do, no matter what decade we’re in”
• A key element of her practice was being able to adapt with the changes overtime.
• It is important to meet the demands of the environment.
• Maintaining the professional identity of OT is imperative.

Themes from the category of evolution of OT include:

• Themes from the category of personal attributes include:
  • She took responsibility for her continuing education within the profession.
  • She found her career as an OT personally rewarding.
  • Her passion to the profession intertwinded with her being.
  • “I think I always pretty much gave my heart and soul to being an OT. And, you know always kind of tried to give at least 100%.”
  • The back-and-forth dynamic with others drew her into loving OT.
• Themes from the category of roles include:
  • The value of research was prominent throughout her career.
  • The transition between practitioner to educator was both challenging and rewarding.
  • Being involved in the state and national OT associations was important to her throughout her career.
  • “Once I did get involved as the president of the OT association and going to AOTA meetings, I realized rural states need representation.”

Methodology

• This was a qualitative study using a life history approach.
• Participant was assigned from a list developed by the course instructors through purposive sampling.
• No specific gatekeeper issues.
• Initial contact was made by course instructors.
• Informed consent was given.
• There was a one-time interview which was recorded and was approximately one-hour in length.
• Interview took place at a small group room reserved at the University of North Dakota School of Medicine and Health Sciences.
• The semi-structures interview was guided by an interview schedule prepared by the course instructors; the questions on the interview schedule were designed to be used with all the individuals interviewed as part of the larger project. The researchers were allowed to modify or add interview questions as needed for each specific interview.
• The data collected consisted of an interview that was transcribed.
• The transcription was coded and from this categories, themes, and assertions were formed.